

“It is easier to shape a child than to rebuild an adult”

Are you worried with your Child’s –

- ◆ **Progress?**
- ◆ **Behaviors?**
- ◆ **Problems?**
- ◆ **Exam Fear?**
- ◆ **Falling Behind in School?**
- ◆ **Communication Gap with You?**
- ◆ **Relationship with You?**
- ◆ **Drug, Alcohol, Friend or Love Problems?**

Steps of Successful Parenting:-

- **What you need to know?**
- **What they need to know?**
- **How to connect with your child?**
- **When to seize teachable moments?**
- **How to deepen your influence in their lives?**
- **How to mentor them to make a leader & a great success in life?**
- **What are the golden rules of healthy parenting?**
- **What are Conscious and Subconscious Parenting?**
- **How to make a ‘Winning Family & Winning Child’?**

***THERE IS NO JOY COMPARABLE TO SUCCESSFUL PARENTING &
THERE IS NO PAIN COMPARABLE TO FAILED PARENTING.***

***"A Child does not remain a child always, but a parent
remains a parent forever. Parenting has become a
disease."***



Effective Parenting — The Making of a Winning Child

WORKSHOP OBJECTIVES: In today's fast-moving, dynamic and nuclear society, 'Working Parents' have very little *quality time* to spend with their only child/children (who is/are growing up/grown up) on a day-to-day basis. Very few of them give high priority to observe his/her potential (right from the formative years) and nurture accordingly. Therefore, with this *scientific, research & case studies-based* capsule workshop, we aim to offer some unique solutions before the stress-ridden parents/single parent.

WHO SHOULD ATTEND?

- (i) Any Married Couple/Parents of CHILDREN (having 1-30 years of age).
- (ii) Newly married couple/couple expecting their first child can also be benefited by attending the above workshop to get the 'eye opener knowledge/science' on 'How to Conduct with each other' for producing a normal child with *winning potential*.
- (iii) The Principal/Head/Chief Authority of Today's Pre-School/Play-School/Primary School/High School can also be benefitted for adopting new methodology/process of child rearing inside their school environment.
- (iv) Young Child Psychologists/Counselors, who are engaged in research-cum-task based activities, could also be a part of target audience.

WORKSHOP CONTENTS:

Though the contents are provisional (to be crystallized on receipt of participant profile/s data), the following contents will be the guiding inputs for ‘Effective Parenting’:-

- Distinction between ‘Effective Parenting’ & ‘Efficient Parenting’, explained with Relevant Case Studies.
- ‘Winning Child’: A Product of ‘Effective Parenting’; Developing Clarity, of Perception Regarding a ‘Winning Child’.
- Developing Bonding with the Child – Wavelength Matching & Mental Trust-building. Tips on bonding chemicals (i.e. Oxytocin)
- Motivating the Child for Accomplishing Tasks: Do’s & Don’ts.
- Reprimanding in Private, Praising in Public Using the Sandwich Technique.



- Balanced Handling: Balanced Lifestyle Planning – Balanced Physical & Mental Exercises; Planned Balanced Diet for Energy Management. Relevant Exercises (for working parents) would be demonstrated;
- Tips on ‘Control oriented Vs Motivational Oriented Communication/Feedback Giving Style while dealing with your growing/grown up Child/Children.
- 0 – 7 years...The Most Formative Years--The Seed for Winning.
- 8 – 14 years...The Leadership Years—Career Selection for Winning in Life.
- 15 – 19 years...The Turbulent Teens—Channelizing the Unlimited Potential.
- 20+ years...The Beginning of a World Citizen—Winning/Losing Parents!
- Discovering the UNIQUE ABILITY of the child...reason behind Success or Failure in Life & Work.

Over 1000 Families/Parents have benefitted through this *unique* ‘**Effective Parenting — The Making of a Winning Child Workshop.**’

We also Counsel for ‘The Winning Child’ where parents come for one-to-one counseling.

OVERALL WORKSHOP METHODOLOGY:

- ❖ The participants/couple's 'personal data/participant profiles' will be collected in advance in their own handwriting once their participation is confirmed.
- ❖ The workshop conduct methodology will be a balanced mix of *short lectures* packed with live examples/case studies delivered in a lucid styles using humour and other ingredients to attract the participants attention; power point presentation (when required); in-session exercises and games involving the participants; demonstration of right postures, gestures and other aspect of non verbal communication; display of models and several other training accessories.
- ❖ There will be soft instrumental biorhythmic music played throughout the workshop session



***FOR BEST RESULTS BOTH HUSBAND & WIFE
SHOULD ATTEND THE SAME 2 DAYS WORKSHOP
TOGETHER.***