



*No matter how hard the past, one can always begin again today.*



# MISSION VASUDHAIVA KUTUMBAKAM

## AIMS AND IDEALS

1. To Liberate humanity from suffering: Physical Ailments, Mental Disharmonies and Spiritual Ignorance.
2. To Promote and Propagate Scientific Value Based Education and Science of Vegetarianism-Yoga-Pranayama-Meditation.
3. To Encourage Simple Living and High Thinking and to Educate people on the Superiority of the Mind over the Body and the Soul over the Mind.
4. To Overcome Evil by Good, Sorrow by Joy, Cruelty by Kindness, Ignorance by Wisdom and Force of Fear by Force of Love.
5. To Unite Science and Spirituality through the realization of the Universal Unity of their Underlying Principles.
6. To Help mankind in Attaining their Higher-Selves (Superconsciousness) and Continuous Evolvement through Life-long Learning.
7. To Motivate them to work on the PURPOSE OF HUMAN LIVES, i.e., **VASUDHAIVA KUTUMBAKAM** (*THE WHOLE WORLD IS A FAMILY* or *ONENESS WITH ALL* or *UNIVERSAL BROTHERHOOD*) through Self-Realization (ATMO-UPOLOBDHI), Love(PREM) and Service(SEVA).

## Fields of activities...

1. MSEE H.Q. .... Training Institutes, Naturopathy-Yoga-Pranayama Centre, Kishalaya Ananda Niketan (Orphanage), Nirvana Ananda Niketan (Old Age Home), Universal Meditation Centre, Langarkhana, Organic Farming, Man Making School-College-University.
2. MSEE Schools. .... Value-based School Chain.
3. Network of Vegetarian Food Chain.
4. Memory, Concentration, Mind Power Development Training.
5. Promotion of Vegetarianism, Meditation and Healthy Parenting.
6. Superconsciousness through Eagle Rebirth total Renewal Retreat- the Beginning of the Ultimate Goal in life.
7. Publication and promotion of VASUDHAIVA KUTUMBAKAM through Books, Magazines and Positive Newspapers.

**Driving Spirit: BE AND MAKE**

**When you change, people and everything around you also change by your positive energy!**