

LIFE IS AWESOME!

"Know that the Self is the rider, the body the chariot, the intellect the charioteer, and the mind is the reins. The senses, say the wise, are the horses and the roads they travel are the mazes of desire. The enlightened call the Self the enjoyer when it is united with the body, mind and senses."

~ Bhagavad Gita

Not every day in life can be filled with perfect joy, love and bliss. We are here to experience life in a multitude of ways. If you find yourself ever not wanting to leap out of bed and pounce on the gorgeous day ahead of you, it will help you see that every new day is a gift, which we just have to unwrap. The following reasons will invite you, entice you and excite you to open up this amazing gift that you've been given. Just starting your day thinking about one of these reasons *why life is awesome* will help shift your consciousness in a more enlightening direction.

You are a Super Powerful Manifesting Magnet! Your body, mind and the entire DNA in it are embedded with the natural born power to imagine, create and attract *anything* that you desire. Whatever you repeatedly think about, focus on, and dwell upon with any emotion, you simply attract into your life. You cannot stop manifesting, even if you tried. Your body-mind is a super magnetic manifesting vehicle that is constantly pulling specific experiences, people and things to you. It's all happening faster than you can think; which is why it can be hard sometimes to see that YOU are behind the mind, creating it all. You have amazing manifesting powers on this journey, and these are all accessed just by using your creative imagination- in which you are a master!

You are a precious human being, who is conscious. You would not be reading this article right now if you weren't a conscious being who cares about yourself. This is beautiful, that you take the time to improve yourself and grow in a new dimension. You care about you and this is an awesome quality to have. The love that you give to yourself is so precious; it is what makes your life worth living. Take this sacred information deep into your heart and soul, the life you have been given is really truly divine.

You live in a divinely intelligent Universe. All around you is energy that is intelligent. Science has proven it in every quantum experiment they conduct; the atoms that make up this Universe are highly conscious and intelligent wave/particles. The best part is that you are intimately connected with it all! Everything in the Universe is connected to you, and it is all so perfect, so divine, and deeply brilliant in the most outrageous ways. It is a truly fortunate special occurrence that you get to have a body and mind and to be alive in this Universe today.

"The world is a looking glass. It gives back to every man a true reflection of his own thoughts. Rule your mind or it will rule you." ~Buddha

You have a mind that can imagine anything. We live in an infinite Universe that has NO boundaries. There is always another edge to go beyond and explore. There is no end to outer space, which means there's no end to inner space. This means anything is possible on your inner world. There are no real limits, only the ones you believe to be true. You can experience anything you can imagine. You can travel to any destination on your inner world that you can

dream of. Before you go to bed tonight, I invite you to explore something amazing. Hold the intention to have a *lucid dream*. A lucid dream means that you are commanding your subconscious mind to wake up during your dream at night, and that you are aware that you're dreaming! From this lucid space you can do anything and everything that you can imagine instantly! It gives you the experience of what it's like to manifest anything you want immediately.

Everything you can imagine is possible to manifest in the physical world. Whatever you can dream of contains the mechanics and knowledge to create it in this world. Everything is possible, with enough time, love, desire and creativity; you can achieve anything you can dream about. Every thought you deem as true on the inside, soon becomes the truth on the outside. You are perpetually creating an outer reality which you perceive to be real on your inner world. If you come up with a bunch of negative thoughts that say this or that is not possible, and truly believe it cannot be done, well... then the Universe will support you in forming that negative dimension of reality for you. Whatever you decide is so, is so. The Universe loves you *so* much that you get to choose in each moment what you want more of or less of, just by your pure imagination and conviction. Everything in your life is how it is, because you decided it is so. Every idea you accept, no matter how conscious or unconscious it is, is manifesting into what you see, feel and experience as your reality.

"Become more innocent, less knowledgeable and more childlike. Take life as fun, because that's precisely what it is!" ~Osho

You have a physical body with amazing senses. Your body is your gateway to the Divine. You have many senses always guiding you, tempting you, pleasing you, and giving you a truly sensual experience of life. Your body is the only vehicle you have for accessing an intimate connection with the Divine through the physical world. You are always experiencing some sensations through your physical body, even if it's feeling numb inside. You have the ability to truly see life, smell life, touch life, taste life, and hear what is happening. You can listen to what's going on inside your mind and noises outside of your body. You also have an INNER SENSE which is found by being quiet inside and deeply listening to your heart. This is how you hear your soul's higher guidance which is always showing you the best path to take, which will ultimately raise your vibration and consciousness.

You can experience a state of orgasmic bliss anytime you wish. Your body is wild free sensually orgasmic vehicle. You can open up a thousand orgasmic doorways and adventure into tremendous states of cosmic bliss *anytime* that you wish! You simply start by saying YES to being a truly alive sexual being every moment of your day! This means you are truly letting life in, and allowing it to sensually touch you in the most intimate ways. You open your heart to feel the warm sun on your skin, the rain on your face, and allow any sensual tingles of electricity to shoot up your spine and awaken you to the core. You have instant access at anytime to explore this highly enjoyable sexual being that you are. This divine energy is always inside you, always ready for you to enjoy it.

"Dive into your heart center. Sit in the silence. Desire self-realization with all your heart, with all your mind, and all your soul. Cry out for God, and you will be with the right people. Everything will take care of itself." ~ Robert Adams

You have the ability to give love, feel loved and be in love. This is perhaps the greatest reason for being alive that I can think of. The experience of love is one of the most amazing reasons for being here. You can give a gentle healing touch to friend in need, and allow yourself receive that same loving connection in your heart as well. Of course many of us have formed walls which protect us from getting hurt. Yet learning to trust love means we are choosing to soften and deepen inside ourselves, exploring the fullest expression of what it means to be a fully alive human being. You've been given your walls of protection, fear, abandonment and defensiveness so that you can remove them, and let in a richer experience of trusting life and letting in love. In each moment, you have the ability to let down your guard and relax! This allows you to explore the warmest fuzzy healing sensations that fill your heart, mind and soul to the brim!

You are responsible for creating your entire reality. Nobody has more power than you at creating the future life experiences you'll soon be having. The all intelligent Universe would have it no other way. You are in charge of your life, the creative genius behind the show. Whatever you choose to believe is the way things are in your relationship, is generally how things will go. The Universe wants to empower you so much that it is continuously giving you the responsibility to choose your reality. Whatever you decide, the Universe will shift it's divine all-intelligent energy around you to emulate the beliefs you hold your energy and attention on. *Everything* in your life is manifested from the choices you make. Whatever you emotionally believe you are worth, is what you'll attract tomorrow and start magnetizing today. The sole job of the Universe is listening diligently to each creative impulse that you have. It hears you, believes in you and is always magically manifesting your intentions as you create them because you are not separate from it.

You get to learn some deep and powerful transformational lessons here on Earth. You are in a type of advanced life mastery school, where your soul was sent here to develop, expand and grow. You're here to increase your consciousness as quickly and deeply as you can with the time your body has got. Every experience that the Universe offers you contains the exact ingredients you need to evolve your soul to the next level. The people in your life today are the perfect ones that your soul has been waiting for. If you love them, you can let them push you deeper inside, into your innermost core so that you discover this amazing divine being you truly are.

Your future is truly bright and flawless. The future is like a blank canvas where you get to paint anything you want on it. You can paint misery, joy or anything in between. It's always your choice. You get to decide in each moment what your future will look like and feel like. You get to choose, right now, what will manifest for you tomorrow. Whatever you desire to create, if you really want it strong enough, it can and will be yours! The Universe will never judge you about what you want to create; in fact it is the one supporting you in manifesting everything that you do. You cannot make any real mistakes along this journey because you have an infinite number of lifetimes to get it right. You are here to learn how to play, enjoy your life, relax into your body and create anything and everything your heart dreams of. When your belief is strong enough in what you want and you feel truly unstoppable, then your dream will find its

way into your life at the most precious hour. Just keep opening yourself up to your dream in life. You might be amazed at just how powerful you really are, and all the many NEW amazing things you didn't know about yourself, and would have never imagined were possible.

"All that a guru can tell you is: 'My dear, you are quite mistaken about yourself. You are not the person you take yourself to be.'" ~ Nisargadatta

If you are miserable! The only obstacle to your *awesome life* is your EGO! The ways of ego are very subtle. You cannot control easily, your ego of education, name, fame, pedigree, job, finance, service, love, compassion, respect, acceptance, etc. will come out unknowingly. Your ego of doing heroic deeds, boasting of going good as well as bad also come up from within. Then you are miserable, and then you become worried. Why? You create a barrier between you and life. Ego is nothing but barrier!

Drop the ego. Drop all demarcation lines. You are not separate from life. You are part of it. Like a wave, you are part of the ocean. You are not separate at all. Neither as a saint are you separate, nor as a sinner are you separate. You are not separate at all. You are one with life. You are neither dependent on life, nor are you independent of life---you are interdependent. When you understand that we are all interdependent, linked with each other...life is one; we are just manifestation of it...then you start becoming blissful. Then there is nobody who can prevent you from happiness and blissfulness.

Spiritual growth is the master key! Are you growing spiritually? Can you love others? Can you feel oneness with others? Have you peace within yourself? And do you radiate it around you? That is called spiritual growth, which is stimulated by meditation inwardly, and by work done in a spirit of service outwardly. You are not alone in the world . . . We belong to a world . . . The vast world is around us. We cannot do without it. We cannot become human without a human world around us. How much we owe to the world of other human beings around us!

Wise men say: there is no direct proof of God, but when you are overflowed with joy, when you can dance with joy, in that state of mind a deep feeling of GRATITUDE arises on its own, a sincere thankfulness is born within, in that state you are not only reborn, God is also born in you. There is no god as such! But there is a quality so high, so pure, so innocent, and so fragrant, that once you have known it, you have known all that is worth knowing. It is a quality. It is called ENLIGHTENMENT by many! At this state you cease to exist! If you are eating, you are simply eating, you are not there, and there is only a process of eating! Then it becomes a FLOW, not doing, JUST FLOWING. It becomes like dancing, where the dancer disappears. It becomes writing, when the writer disappears. It is the true meditative state, melting to NOTHINGNESS!

IF YOU ARE MISERABLE!

If you are miserable, you think the society is such, your parents were wrong. If you listen to Freudians, they will say it is because of your parents, your parental conditionings. If you listen to Marxists, they will convince that it is because of the social structure, the society. If you listen to the politicians, they say it is wrong type of government. If you listen to the educationists, they say because some other type of education is needed.

Nobody says the TRUTH, THAT YOU ARE RESPONSIBLE! The responsibility is thrown to others. Then it is impossible to be happy, because if others are making you miserable, then it is beyond you to be happy--- unless the whole world is changed according to you. It is impossible to change the whole world as you desire to be. The greatest of the Emperors failed to do that!

You cannot choose your parents, it has already happened. You cannot choose your society, you are already into it. And if you want to change the world to your heart's desire, your whole life will be wasted! It is a big phenomenon, and you are so tiny!

The only way, the only hope of any transformation is that you can change yourself. That is the only hope, the only way!

But the EGO does not want to take the responsibility. It goes on throwing the responsibility on others. It is conditioned in this way since birth! In throwing RESPONSIBILITY on others, you are throwing your FREEDOM also. Remember, to be responsible is to be free. To give the responsibility to somebody else is to be a prisoner to him.

This is a SPIRITUAL viewpoint. Spirituality says you are responsible. That's why Marx was so much against spirituality. His reasoning is very clear, he knew it perfectly well ---that either spirituality can exist in the world or communism. Both cannot exist together. And he was right: BOTH CANNOT EXIST TOGETHER!

Now, the basic stand point of communism is that others are responsible for your misery. Spiritual viewpoint is that you are, nobody else is responsible. The communists say a social revolution is needed for a happy world. They have done many revolutions in many parts of the world but in vain! The spiritual person says a personal revolution is needed to be a happy person. Thousands of people are discovering this new way of life and living a beautiful life!

The world is never going to be happy, it has never been so, and it is never going to be so. The world is bound to remain unhappy, only individual can be happy. It is something personal. It needs CONSCIOUSNESS to be happy. The world can never be happy because it has no consciousness. Society has no soul, only man has it.

It is very difficult for the ego to accept it! Ego is tremendously defensive. Ego thinks it is never wrong, hence you are in misery. Ego is always infallible, hence you are in misery. Start looking in the loopholes. Make your ego fallible---and it will fall and disappear. Don't go on supporting it, otherwise you are

supporting your own misery. But we go on supporting it---in good ways , in bad ways, we go on supporting it.

The ways of ego are very subtle. You cannot control easily, your ego of education, name, fame, pedigree, job, finance, service, love, compassion, respect, acceptance, etc. will come out unknowingly. Your ego of doing heroic deeds, boasting of going good as well as bad also come up from within. Then you are miserable, and then you become worried. Why? You create a barrier between you and life. Ego is nothing but barrier!

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