

# 10 STEPS TO SUCCESS

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This is not just any more information for you. I am describing timeless principles used by successful men and women throughout history. I have studied these universal laws and have applied them to my own life. Learning and applying these principles will not only give you financial freedom and prosperity, these principles will make you rich in all the areas of your life like relationships and health. Now, let's understand the 10 steps to Success:

## STEP 1: FEEL YOU DESERVE

All of us, each of us deserves to live a life of joy, peace, love, prosperity and excellent health with realisation of divine within. The existence is abundant. It gives us what we ask for (consciously or unconsciously). Generally, we are conditioned to believe otherwise that there is not enough for everyone out there in the world; not enough food, not enough water, not enough fresh air, not enough love, not enough money. This is far from truth. The fact is that each of us are empowered enough to create the life of our dreams.

So feel that you deserve all the success. You are worthy of all the riches. According to an estimate if all the wealth of the world is accumulated and distributed equally to all, every man, woman and child will be a millionaire. Will you claim your spot? Are you ready?

Accept yourself completely. Drop any judgements. Don't just think that you deserve... Know that you deserve... Relax and allow yourself to Feel it...

## STEP 2: DECIDE

Once you feel that you deserve success, then decide what do you want and by when. Yes! Take / make a decision to be a Great SUCCESS. Wishing will not do. Billions of people in the world are wishing every second. Decision is not wishful thinking. Decision is desire with clarity and will power.

***Decision = Desire + clarity + will power***

Determine. Your determination set the universe into a motion to bring to you what you determine. You may not be aware of this (or may be) but when you determine, you place an order to the universe. It is like going to a restaurant and you decide what you will have. Then you order. The universe works exactly the same way. Your decision to become rich; your

determination to have money and success is ordering the universe to bring you that. So decide...NOW.

### **STEP 3: CREATE A STRONG WHY**

Now you need to be very clear on why do you want what you want. What will you do with all the money and success? What will you do for your family, society and the world at large? How will you use this wealth, this success? The answers to these questions will accelerate the motion of the universe. Take your time... Allow yourself to relax... Note down one by one whatever comes in your mind... whatever is that your heart desires to express... Create a strong WHY.

### **STEP 4: THINK AND FEEL AS IF**

Your dreams have now become goals. They now have a direction. You have empowered your dreams by feeling that you deserve... Determining what you want and by when and what you would do with all the money and success... Now the 4<sup>th</sup> step is to think and feel as if you already are rich... you are a millionaire... you have all the money and success... This is one of the most empowering step in the process of creating wealth.

By what you think, you tell your subconscious what to create. Your emotions give your subconscious the power to create.

### **STEP 5: SPEAK AND ACT AS IF**

Spoken words set in motion and direct subconscious power. What you say affects the way you think and thus mold your conscious and subconscious beliefs. Speak of lack and poverty, and you get them, Speak of wealth and abundance, and you get them. Speaking should be mindful, purposeful process in which you think before you speak, say what you really mean, and voice what you want to make real.

Your mind is most influenced by your actions. When you act as if your money is on the way or already in your bank, you don't let doubt getting the money you want.

***Think – Feel – Speak – Act***

***As if, you are already rich***

Sit comfortably... Close your eyes... Imagine... Visualise in your mind you are rich... see yourself doing things that you want to do... see your family and friends... see the business/ career you want and now have... see your dream car... see your dream home... see you dream projects... let your imagination flow in the most positive ways with positive feelings...

### **STEP 6: NEVER... NEVER... NEVER EVER THINK OR ASK HOW**

Your task is to decide what, when, why, how much but not *how*. However, your mind is conditioned – trained to think and ask *HOW* before what, when and why. This conditioning, this asking how from the space of doubt and fear, interrupts with the process of manifestation. So, practice awareness in the process of thinking, feeling, visualizing. You do not need to know how.

When you go to a restaurant, you order a dish and just wait... knowing it is coming to you... you do not ask how the chef is preparing... you do not doubt whether it will be served to you or

not... you do not fear that it will be the right dish you ordered. The universe, the nature works on the same principle and this is applicable to your money and success goals as it is. Whenever, you find yourself asking (doubting) how... be aware... drop the how... Practice... Practice is the key.

## STEP 7: LOOK INTO YOUR MIND

As mentioned earlier, we are raised in a world with lot of conditioning. As infants, our minds were raw, pure and then we filled our minds with doubts, fears, and beliefs (mostly restrictive). That is the reason of 95 % people in the world struggling at some level with Money and Success; 99.9 % of the world do not really find inner peace. Hence, the next step is to look into your mind. What is there that needs to go out? Your mind is the greatest tool in creation and manifestation process. If it is full of mental garbage, you need to clean it. The rough fact is that most (99%) people never clean their mental garbage. It is essential and easily possible to clear your mind. Looking into the mind and going beyond it is possible through right meditation. Meditation creates awareness and then it is possible to see your belief systems, emotional patterns and make changes accordingly. To look (dig) into your mind deeply, you will need expert guidance. Super successful people are courageous enough to acknowledge this need to clear their beliefs and take help.

## STEP 8: INSTALL NEW 'MONEY AND SUCCESS' MINDSET

As you have begun the process of clearing your mind of old patterns and let go the belief system, you need to install new mental codes for greatness. The same mental code that super successful people, the super achievers have. Thinking, acting, producing, and creating like 'top' class people. There is a Wealth & Abundance Mindset. If you observe the lives of super-rich self-made millionaires and billionaires, they win back everything they had lost once. According to a survey by "The Daily Telegraph", 90 % of the people who won in Kaun Banega Crorepati shows were back to leading the same old life in less than 5 years. The reason is Mindset. Even though they became rich, they could not handle it. Their mindset was still the old one. Their money blueprints were same as earlier. Therefore, they lost all they won in very less time. There is a clear distinction between mindset of Rich and Middleclass/Poor people. For example:

- ✓ Rich people are *dedicated and committed* to become rich whereas middle class/ poor people *want* to become rich.
- ✓ Rich *play to win* whereas middle class/ poor people *play not to lose*.
- ✓ Rich know they create their own reality and *take responsibility for their lives* whereas middle class/ poor people *believe life is happening to them*.
- ✓ Rich focus their *attention on opportunities* whereas middle class/ poor people *focus on problems*.
- ✓ Rich *take actions in spite of fears* whereas middle class/ poor people *stop because of fears*.
- ✓ **Rich people consistently learn and grow whereas middle class/ poor people already know it all.** (This one is big.)

## STEP 9: TAKE ACTION

***“What we think or what we know or what we believe is, in the end of little consequence.***

***The only consequence is what we do.”***

***- John Ruskin***

The universe rewards action. When you take action, you trigger all kinds of things that will inevitably carry you to success. Every step taken by you in the direction of your dreams and goals brings you closer at jet speed. Nothing happens until you take action. To be successful, you have to do what successful people do. All highly successful people are highly action-oriented people. It is said: ***“Success is 10 % inspiration and 90 % perspiration.”*** Money and success come to those who get started. Once you are in action, you will start learning at more rapid rate. So begin... move ... take action in the physical world and the results will follow. Your results are the greatest feedback. Your action speaks everything about your beliefs, emotions and mindset. DO IT NOW...

## STEP 10: NEVER STOP LEARNING. LEARN... LEARN... KEEP LEARNING

Top achievers dedicate themselves to learn. As I have mentioned in the step 8:

***Rich people consistently learn and grow whereas middle class/ poor people already know it all.***

Decrease your Television time. Average person watches TV for more than 3 hours every day. Eliminate one hour that would amount to 365 hours every year. In those 365 hours, you can learn extraordinary things. Read books. There are several books on almost every subject in the world. If you read even one book every month, in 10 years, you would have absorbed 240 books. That is enormous. Take online courses to read fast. Study the life of great people. Participate in seminars, workshops, conferences. Be teachable and coachable. Be open to learning always... forever.

Not so rich and less successful people assume they know it all. These are three dangerous words: ***“I know that.”***

If you have read or heard about something, you do not know. If you are not rich and successful the way you want, then you do not know.

***Become a ‘learn it all’ rather than ‘know it all’.***

Money and Success flows to them who do not see the cost, they see return on investment, they see the benefits of learning.

*These steps have worked for me and for countless others, and they can work for you a well. Here information, motivation and inspiration stops and the perspiration (provided by you) begins. Apply these 10 steps to Success and make your dreams come true.*